

Profile – Dr. Craig Jacobs DC, MSc, FCCS(C)



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University of Toronto

Dr. Craig Jacobs had a successful career as a professional dancer primarily with the Batsheva Dance Company in Tel Aviv, Israel. After retiring from performance, Dr. Jacobs was artistic director of Batsheva's junior company before pursuing a chiropractic career. He completed his BFA from the University of North Carolina's School of the Arts in 2000. After graduating magna cum laude from CMCC in 2005, Dr. Jacobs' was accepted into CMCC's Clinical Sciences Residency Programme.

Dr. Jacobs began collaborating with Dr. J. David Cassidy, director of research at the University Health Network's Centre for Research Expertise in Improved

Disability Outcomes (CREIDO) and director of Artists' Health Research at the Toronto Western Hospital, to study musculoskeletal injuries in professional dancers. He piloted this research on the National Ballet of Canada, completed his residency and became a Fellow of the College of Chiropractic Sciences.

Dr. Jacobs received a CIHR Master's Award to implement his research on an international scale while pursuing a Master of Science degree at the Institute of Medical Science, University of Toronto. Dr. J. David Cassidy was Dr. Jacobs' supervisor and Dr. Pierre Côté his co-supervisor.

Dr. Jacobs' research involved the National Ballet of Canada, Toronto Dance Theatre, Royal Swedish Ballet, Cullberg Ballet (Sweden), Royal Danish Ballet, Batsheva Dance Company (Israel) and Kibbutz Contemporary Dance Company (Israel). This involvement of elite dance companies has made this study the largest cross-sectional study of professional dancers to date and the only international study of its kind.

Dr. Jacobs' research focused on the prevalence and associated factors of injury in professional dancers, dancers' attitudes and perceptions of injury, and issues surrounding injury reporting. He has presented at the International Association of Dance Medicine and Science's Annual Meetings in Cleveland (2008) and The Hague (2009), the International Federation of Sports Chiropractic Symposium, and the World Federation of Chiropractic's Congress in Montreal (2009). Dr. Jacobs has published in scientific journals including *Spine* and the *Journal of Orthopaedic Trauma*.

Dr. Jacobs received his Master of Science from the University of Toronto in June. He works as a Clinical Research Coordinator for the University Health Network's Whiplash Intervention Trial headed by Dr. Pierre Côté, maintains a clinical practice in Toronto, and is an Assistant Professor at CMCC in the Department of Clinical Education.