



Terry Watkins, DC

Dr. Terry Watkins is a second generation chiropractor with both he and his father graduating from the Canadian Memorial Chiropractic College. Since his graduation in 1969, he has become involved in many aspects of chiropractic, most notably the establishment of the Chiropractic Foundation for Spinal Research.

In 1975, he saw years of work and preparation realized as a Canadian research foundation became a reality. He knew Canadian chiropractors must become more active in chiropractic research, in particular by supporting it financially. Without research a health profession cannot survive and move ahead. He was involved in numerous presentations to involve and stimulate financial support from the chiropractic profession, to help the CFSR reach its current holdings of \$100,000 per year. He held the position of Chairman of the foundation from 1975 to 1982, and although he is not as actively involved now, he maintains a link as a consultant to the Foundation's Board.

Dr. Watkins' service to chiropractic actually began during his student years at CMCC and many of these activities he would continue with after graduation. He revised the student newspaper, the Backlog and was its editor in his junior and senior years; he was associate editor of the Cornerstone, and College Yearbook; and was secretary-treasurer of SAC in his senior year. At graduation his hard work to the College was acknowledged by his being the recipient of the Student Service Award. He has maintained a busy practice in Winnipeg, Manitoba since his graduation, with the exception of the two years he spent on the faculty of CMCC.

In 1977, he decided on a change from practice and for two years he gave his time and energy to CMCC. He held the position of Coordinator of Chiropractic Studies, Associate Clinic Director, and Director of Postgraduate Education. As Chairman of the Academic Ranking and Salary Policies Committee, he helped develop guidelines to set reasonable salary levels based on performance and evaluation and to establish academic ranking for the faculty at CMCC. In the second year, he was appointed Academic Dean and during this time, he began the process of overhauling the curriculum. He perceived the idea of the present clinic observer program, realizing the benefits of involving first and second year students in the Outpatient Clinic to give them an appreciation of their educational process. He was also instrumental in the establishment of computerized examination, thus speeding up the often long and drawn out marking process. He was also the first Chairman of the Self Study Committee on Accreditation.

Since graduation, he has always found time to serve in Canadian and Manitoba Chiropractic Associations. He has accomplished this in many capacities. In 1970-72, he was Registrar and then in 1973, he was elected President of the Manitoba

Chiropractic Association. He held this position for three years.

After his term as president, he was appointed to the Canadian Chiropractic Association as a Director. During this time he became Chairman of the National Peer Review Committee, which produced a 100 page document establishing guidelines for standards of practice, the writing of narrative reports and also standards for licensing examinations. These guidelines have been accepted and adopted by the Canadian Chiropractic Association.

Since 1979 to present, he has held the position of Chairman of the C.C.A. Publication Committee, which oversees all C.C.A. publications including the Journal and the C.C.A. Newsletter. He has chaired or been a member of numerous reports that have helped improve the profession.

Dr. Watkins was appointed, in 1981, the first Chiropractic Insurance Consultant to the Manitoba Public Insurance Corporation, the provincial compulsory automobile insurance plan, in which all claims under chiropractic care are reviewed by him.

In spite of his heavy commitment to the associations and his practice, he has coached all age levels in hockey over the past 17 years. He also runs a hockey school in the summer, which has been in operation for the past five years.

His interest in sports has not been limited to hockey. For the last two years he has been team doctor in Track and Field, advising them on training techniques and therapy. He has also been involved in the arts as a consultant to dance companies, most recently with the Contemporary Dancers of Canada. In 1981, he was made an Honorary Fellow of the Canadian Chiropractic Sports College, in recognition of all his work in this area.

J Mannington DC

Answers to Roentgenology Quiz

- 1 a, b, c, d, e
- 2 a, b, c, d, e
- 3 c, d, e
- 4 b, c, d, e
- 5 c
- 6 d
- 7 a, b, d, e
- 8 d, e
- 9 a
- 10 b, c, d