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It is hard to believe that it has been 21 years since I was the first graduate from the Sports Sciences full time residency program at the Canadian Memorial Chiroprac-

tic College (CMCC). Twenty years ago, I received my first Fellowship from the Royal College of Chiropractic Sports Sciences Canada, RCCSS(C). Reflecting on the program at the time, what I learned, and the opportunities it provided me, I would do it again without hesitation. The program has evolved since, courses and placements have been added. Original research papers and systematic reviews and case studies produced by the chiropractic sports residents and Fellows have been improving and increasing year after year. It is wonderful to see the chiropractic sports residents becoming Fellows and leaders nationwide. Eleven years ago, to provide a conduit for our research output we started the Sports Issue of the JCCA and it has been a great success. This year is no exception. The 11th annual sports issue includes practical case reports and original research papers. I hope you enjoy the content presented in this issue.

I would like to encourage you to get involved in sports chiropractic research in any way that you can. If you have a dataset, an interesting case, or an innovative research idea and need help developing it, please do not hesitate to contact me, or any member of our editorial board or the RCCSS(C).

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