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It is my great honour and privilege to present this third Chiropractic Sciences issue of the JCCA. This issue includes practical case reports, reviews and important original research papers covering a great breadth of topics. I hope the content presented in this issue helps to inform your clinical practice as well as future research endeavours for each of us as individuals and collectively as a profession.

The growth of research and scholarly activity in

chiropractic in Canada has been fueled by dedicated researchers, Chiropractic Sciences Fellows, faculty members, residents, and students. I would like to thank Dr. Kent Stuber for his support of the ongoing Chiropractic Sciences edition, and his leadership through the JCCA. I would also like to thank all of the contributing authors and peer reviewers who have helped make the JCCA Chiropractic Sciences issue possible. I am so grateful to each of you for committing to read this important work and for working so hard to advance health care for our patients and all Canadians.

At the time of our inaugural edition, the world was in the early stages of a global pandemic and felt incredibly uncertain. As we move towards a hopeful future, we have the opportunity to reflect on the lessons we have learned during these challenging times. We have seen the importance of allowing research to progress and inform our decisions and policies. I believe that the world and our profession are better when we allow ourselves to evolve as we learn more. I am reminded of Maya Angelou's beautiful words: "Do the best you can until you know better. Then when you know better, do better." I hope this issue of the JCCA allows you to learn and grow.

I encourage you to get involved in research. Be inquisitive and ask questions. If you have an interesting case, set of data or research ideas or questions that you would like to further investigate and need any help, please do not hesitate to contact me, one of the JCCA's Editorial Board members, or a member of the College of Chiropractic Sciences (Canada).

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